

ABSTRACT OF THE DISCLOSURE

An extendable and contractible steering column has an outer column and an inner column slidable therein, a lock housing on the outer column, and a locking
5 mechanism having a pair of movable pieces slidable in the lock housing. Swinging of an operating lever shifts the movable pieces relatively to press or release the inner column. The cylinder bore has a cross section of a polygonal shape, and the movable pieces have a cross-
10 section of a polygonal shape corresponding to the cross-sectional shape of the cylinder bore.